



GoodLife Fitness to open in west Calgary's Trinity Hills community

30,000 square foot fitness club to join mix of retailers, services in 'urban village'

[CALGARY, AB] — GoodLife Fitness will open a 30,000 square foot co-ed club in Calgary's new Trinity Hills development, joining the mix of retailers, restaurants, hotels, office space and services already slated for the area. The club is expected to open in 2020.

According to GoodLife Fitness founder and CEO David 'Patch' Patchell-Evans, the Trinity Hills development, with its dynamic mix of shops and services, and proximity to Canada Olympic Park and the nature trails of Paskapoo Slopes, is the perfect environment for a fitness club.

"This new area will draw a diverse community of residents, as well as people working, visiting, going for a walk or run or just dropping in to do some errands. We're going to give them a beautiful place to work out. We can't wait to open a spacious new GoodLife Fitness club with all the amenities and expertise people need to achieve their health and fitness goals close to where they live and work."

"Trinity Hills has been planned as a community focused on active living and walkability while providing sought after urban amenities. We are thrilled to welcome GoodLife Fitness to our team," said Trinity CEO Fred Waks. "As an organization committed to healthy lifestyles, GoodLife will be a perfect fit and an attractive addition for those living in and around the neighbourhood."

GoodLife Fitness clubs are staffed by caring and experienced fitness professionals including: educated and certified personal trainers, [MYBootcamp](#) coaches and passionate and certified group fitness instructors. GoodLife gives members access to industry-leading strength training and cardio equipment and features exclusive group fitness classes from [Les Mills International](#).

Amenities for the Club are currently being finalized. Residents are encouraged to visit www.goodlifefitness.com/upcoming-locations for the latest updates about this location.

About GoodLife Fitness

Proudly Canadian since 1979, GoodLife Fitness is the largest fitness company in Canada and the fourth largest in the world. With over 375 clubs from coast-to-coast, approximately 14,400 employees and more than 1.3 million Members, GoodLife is helping to transform the health and wellness of one in 28 Canadians every day. GoodLife also provides workplace wellness programming and services to more than 3,500 corporate partners across Canada. www.goodlifefitness.com.

Media Contact:

Adam Roberts
Public Relations Senior Specialist, GoodLife Fitness
C: 226-377-1815
O: 1-800-790-9269 ext. 424
mediarelations@goodlifefitness.com